

# Joint Replacement Analgesia Guide

<b>SDAU 1hr pre-op</b>	<b>Pre-med</b> – Fentanyl patch 12mcg Gabapentin 600mg Ranitidine 150mg Dexamethasone 10mg
<b>Anaesthetic Room</b>	<b>Spinal</b> – 2 – 3 mls Bupivacaine 0.5% +/- Fentanyl 25 mcg <b>IV -</b> Tranexamic acid 1.5g
<b>Theatre</b>	<b>Local Infiltration</b> by Surgeon of 0.125% Bupivacaine  <b>Refer to Local Infiltrative Protocol</b>
<b>Recovery</b>	IV Paracetamol 1g 24hrs only First dose in recovery  IV Fentanyl up to 100mcg if required x2

Postoperative Analgesia Regime			
Younger than 70 years		70 years and older	
NSAID tolerant	NSAID intolerant	NSAID tolerant	NSAID intolerant
Ibuprofen 400mg QDS reg	Paracetamol 1g QDS reg	Ibuprofen 200mg QDS reg	Paracetamol 1g QDS reg
Paracetamol 1g QDS reg	Paracetamol 1g QDS reg	Paracetamol 1g QDS reg	Paracetamol 1g QDS reg
<b>(If weight &lt;50kg or renal impairment prescribe Paracetamol as 15mg/kg)</b>			
<b><i>Fentanyl patch 12mcg until morning of day three</i></b>			
(For breakthrough pain) Oxynorm 5mg 4hrly prn	(For breakthrough pain) Oxynorm 5mg 4hrly prn	(For breakthrough pain) Oxynorm 5mg 4hrly prn	(For breakthrough pain) Oxynorm 5mg 4hrly prn
Cyclizine 50mg TDS reg	Cyclizine 50mg TDS reg	Cyclizine 50mg TDS reg	Cyclizine 50mg TDS reg

<b>Ward</b>	Continue analgesia regime as prescribed. <b>IV Paracetamol only for first 24hrs then to continue oral Paracetamol</b>
<b>Discharge</b>	<b>Discharge Medication on TTos :</b> <i>(Fentanyl patch to be removed morning of day 3)</i> <b>Cocodamol 30/500 two tablets QDS</b> (If intolerant of Codeine, Tramadol 50 -100mg QDS and Paracetamol 1g QDS) <b>&lt;70 years - Ibuprofen 400mg QDS (5 days only)</b> <b>&gt;70 years - Ibuprofen 200mg QDS ( 3 days only)</b>