

# Maternity Multidisciplinary Confidential Communiqué

Classification:

Authors Name:

Authors Job Title:

Lead Midwife for perinatal mental health

Women's and Children's

Departments/Group
this Document applies to:

Approval Group:

The Company of the services of the service

Approval Group:
Women's health guidelines review group
Women's health CIG

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Guideline to be followed by (target staff): Obstetricians, Midwives, MCA's and

**Nursery Nurses** 

To be read in conjunction with the following documents:

# Are there any eCARE implications? No

#### **CQC** Fundamental standards:

Regulation 9 – person centred care

Regulation 10 – dignity and respect

Regulation 11 - Need for consent

Regulation 12 – Safe care and treatment

Regulation 13 – Safeguarding service users from abuse and improper treatment

Regulation 16 - Receiving and acting on complaints

Regulation 17 - Good governance

#### **Disclaimer**

Since every patient's history is different, and even the most exhaustive sources of information cannot cover every possible eventuality, you should be aware that all information is provided in this document on the basis that the healthcare professionals responsible for patient care will retain full and sole responsibility for decisions relating to patient care; the document is intended to supplement, not substitute for, the expertise and judgment of physicians, pharmacists or other

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healthcare professionals and should not be taken as an indication of suitability of a particular treatment for a particular individual.

The ultimate responsibility for the use of the guideline, dosage of drugs and correct following of instructions as well as the interpretation of the published material **lies solely with you** as the medical practitioner.

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#### **Guideline Statement**

The Confidential Communiqué (CC) is the electronic system to facilitate communication between Maternity services and Health Visiting

Pregnant women with complex social or physical factors may have additional needs and require support to access services (NICE 2010, reviewed 2018). These additional needs may impact on their abilities to provide care for themselves and/or their newborn baby.

It is known that those who are likely to suffer poorer maternal or child outcomes, not just associated with death, are often the more excluded women (MBBRACE 2016). These women are often economically and socially disadvantaged and includes women living in extreme poverty; multiple social problems; women from minority ethnic groups and those that do not speak English; homeless or travelling women and refugees or asylum seekers; mental health problems; teenage; drug & alcohol misuse and those that experience domestic abuse.

Lack of interprofessional and/or inter-agency communication can compromise the care provided to these women and places mothers/babies and even staff at risk . The sharing of relevant information between health professionals is essential at every opportunity during the pregnancy and postnatal period.

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Working Together (2018) states "Effective sharing of information between practitioners and local organisations and agencies is essential for early identification of need, assessment and service provision to keep children safe. Serious case reviews (SCRs) have highlighted that missed opportunities to record, understand the significance of and share information in a timely manner can have severe consequences for the safety and welfare of children".

## **Executive Summary**

The objective of this document is to provide clarity to Midwives and Obstetric Medical Staff on how to ensure safe and effective sharing of information when there are concerns about a mother and/or the unborn baby/wider family identified during the pre or postnatal period.

This guideline gives recommendations as to how and when to share information.

Pregnant women with complex social or physical factors may have additional needs and require support to access services (NICE 2010, reviewed 2018).

It is known that those who are likely to suffer poorer maternal or child outcomes, not just associated with death, are often the more excluded women (MBBRACE 2016)

Lack of interprofessional and/or inter-agency communication can compromise the care provided to these women.

The Confidential Communiqué (CC) has been developed to assist midwives in identifying those women and unborn babies who may have additional needs and improving the communication between maternity services and Health Visiting.

## 1.0 Roles and Responsibilities:

**Chief Executive -** The Chief Executive has overall accountability for ensuring that the Trust meets its statutory and non statutory obligations in respect of maintaining appropriate standards of maternal care. The Chief Executive devolves the responsibilities for monitoring and compliance to the medical and executive nursing directors.

**Directors** - Directors are responsible for ensuring that the requirements of the Trusts) Confidential Communiqué guideline is effectively managed within the directorate and that their staff are aware of, and implement those requirements.

**Chief Nurse/Medical Director** - The Chief Nurse and Medical Director are responsible for ensuring that Trust staff uphold the principles of the Confidential Communiqué and that appropriate policies and procedures are developed, maintained, and communicated throughout the organisation in co-ordination with other relevant organisations and stakeholders.

Head of Midwifery/CSU/Clinical Director Responsibilities - The CSU lead is responsible for ensuring the Confidential Communiqué is completed, communicated and implemented within their areas of responsibility. Any incident arising from non adherence to the guideline must be documented on an incident form and investigated at a local level and actions taken to prevent reoccurrence and to minimise risk. Documentation should be copied to the Risk Management Department to allow completion and closure of the incident. Any action plans should be shared as

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appropriate forum and the Clinical Incident Group (CIG) meeting. Any ongoing risk should be registered on the CSU/Trust Risk register as appropriate.

**Ward Sister/Matron Responsibilities -** it is the Ward Sister/Charge Nurse/Matron's responsibility to ensure that staff are made aware of the Trust processes for the completion of the Confidential Communiqué in maternity. This procedure should be included in the induction training of staff who may be involved in providing care to a pregnant woman.

**Medical Staff Responsibilities** - all medical staff should ensure that they are familiar with the trusts procedures for completion of the Confidential Communiqué in Women's Health. Medical staff of registrar level or above who are responsible for the supervision and training of junior doctors should ensure that junior medical staff are aware of its use and when to make additions.

**All staff** – it is the responsibility of every registered midwife to ensure the Confidential Communiqué guideline is adhered to when booking or assessing antenatal, intrapartum and postnatal women. All staff should report any incidents arising via Datix. The Ward Sister/Charge Nurse should be informed of the incident

**Risk Management** - The Maternity Governance and Risk Management team/Clinical Risk Management Department will record on the Trust database all incidents reported relating to the Confidential Communiqué through the risk reporting route. The data will be included in the monthly reports to Heads of Departments and discussed at the Women's Health CSU Risk management meetings. All untreated risks will be reported to the Trusts Risk Management Committee which reports to the Trust Clinical Governance Committee, Quality Committee, and Women's Health Clinical Incident Group (CIG).

## 2.0 Implementation and dissemination of document

This Guideline is available on the Intranet and has followed the Guideline Review Process prior to publication.

# 3.0 Processes and procedures

## 3.1 When to generate a Confidential Communiqué

A Confidential Communiqué must be generated by Midwifery and Obstetric staff within Women's Health at any time during the antenatal, intrapartum and postnatal period where there any of the following are identified:

- Welfare of the unborn baby/child
- Mother's physical or mental health
- History of self harm/depression/attempted suicide
- Substance/alcohol misuse
- Teenage pregnancy up to 18<sup>th</sup> birthday at EDD
- Unsupported mothers
- Domestic abuse
- History of Social Care involvement with prospective parents or family
- Parent/ Carer 'looked after' in the past
- Learning or physical disabilities (maternal / paternal)

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- Homeless/housing difficulties
- Recent migrant, asylum seeker or refugee status
- Difficulty reading/speaking English
- Travellers
- Female Genital Mutilation
- Surrogacy
- Other cause for concern

#### 3.2 Confidential Communiqué guidance

- 1. Within assessment ensure Safeguarding Checks are completed
- 2. Only ONE confidential communique should be created for each pregnancy and this should then be updated as required.
- 3. To Initiate a Confidential Communique please refer to the eCARE Quick Reference Guide. See appendix 2.
- 4. All additional encounters, as listed below, should also be updated on the Confidential Communique if documentation in the maternal record has potential to place the mother or unborn/baby at risk:
  - Face to face contact or conversations with the women, partner or family member
  - Face to face contact or conversations with professionals e.g. phone calls/meetings
  - No access/DNA
  - Failed attempts to contact women

Following generation of a Confidential Communiqué the alert box in the top right-hand side of the patient information front page of the woman's pregnancy folder and page 2 of the postnatal records should be ticked. This will indicate to other staff providing care that a Confidential Communiqué has been completed and signal that they need to access Clinical Applications for the latest entries. The womans named Community Midwife must be informed of a newly generated Confidential Communique.

See Appendix 3 for guidance on how t update a Confidential Communique.

- 5. If the Midwife has concerns regarding the welfare of the mother/unborn baby/child or wider family then and refer to the Levels of Needs and discuss with the Multi Agency Safeguarding Hub (MASH) in order to complete a Multi-Agency Referral Form (MARF) (Level 3-4) or commence a Common Assessment Frame Work (Level 2).
- 6. All INITIAL Confidential Communique and SUBSEQUENT updates (until such time as electronic record share is possible with Health Visitors) will need to printed on single sided paper and forwarded to the to the Red Team. These should be left in the Red Team Diary which is located on Ward 9, 10, Labour Ward, ADAU and the Community Office. Antenatal Clinic will be required at the end of the day bring any printouts to Labour Ward. These should be logged in the diary with a client sticker and signed and dated.

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- 7. The Red Team will collect Monday to Friday and sign the printouts out of the diary. These will then be scanned to the Health Visitor's Hub using a secure email.
- 8. Good practice indicates that the Confidential Communiqué should be shared with the family unless doing so will put the mother/unborn baby/child or health practitioner at risk.
- 9. A paper copy should only be completed in the event of an IT failure. Once eCare is back online it is the responsibility of the professional who created the paper version to generate an online version. A paper copy can be found in Appendix 1.
  - Information should be entered into the electronic Confidential Communiqué in a timely manner- at the time if within the maternity unit or if working in community, at the end of the day or the next working day.
- 10. At transfer to the Community Midwife the presence of a Confidential Communiqué should be highlighted on the Postnatal Discharge sheet.
- 11. The Community Midwife should continue to have verbal discussions with the Health Visitors regarding any relevant concerns or issues.
- 12. On discharge from Maternity Services update Confidential Communique to reflect that the the woman has been discharged from maternity service and ongoing care has been handed over to the Health Visitor.

It is essential that good communication continues throughout this process.

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#### 4.0 Statement of evidence/references

#### References:

NICE: 2010 Pregnancy and complex social factors (CG110) (NICE 2010, updated 2018)

Effective Support for Children and Families in Milton Keynes: Guidance on use of Common Assessment Framework, Lead Professional, Team around the Child, and Information Sharing (2012) Milton Keynes Children's Trust

*Information Sharing: Guidance for practitioners and managers* (2015). Nottingham: Department for Children, Schools and Families Publications

Laming. The Protection of Children in England: A Progress Report (2009). Norwich: TSO

Working Together to Safeguard Children: A guide to inter-agency working to safeguard and promote the welfare of children (2018) Nottingham: Department for Children, Schools and Families Publications

MBBRACE 2016

#### 5.0 Governance

5.1 Document review history

| Version number | Review date | Reviewed by | Changes made  |
|----------------|-------------|-------------|---|
| 8              | 07/2020     | Jill Peet   | Full review of document to update with recent guidance anc current practice |

#### **5.2 Consultation History**

| Stakeholders<br>Name/Board | Area of Expertise   | Date Sent  | Date<br>Received | Comments   | Endorsed Yes/No  |
|----------------------------|---|------------|------------------|--|--|
| Julie Cooper               | Head of<br>Midwifery                                      | 14/07/2020 | 17/07/2020       | Incorporated   | Yes  |
| Laura Jewell               | Antenatal<br>and<br>postnatal<br>ward<br>senior<br>sister | 14/07/2020 | 21/07/2020       | Could we use the message facility on eCare for this instead as it will save staff printing and using the book? The red team would then just need to check for any new messages each day. This would make it easier for staff and also avoid mislaid paperwork. | No- CC's still need printing out to be sent to the HV team (unable to share electronically at present) |

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|  |  | Debbie Phillips was looking into whether | No -to be looked at a later date |
|--|--|--|----------------------------------|
|  |  | we could create a                        | a latel date                     |
|  |  | smartzone alert on                       |                                  |
|  |  | eCare for this                           |                                  |
|  |  | purpse, might be                         |                                  |
|  |  | work having a                            |                                  |
|  |  | discussion with her                      |                                  |
|  |  | about this as a way                      |                                  |
|  |  | of alerting staff that                   |                                  |
|  |  | a CC has been                            |                                  |
|  |  | created.                                 | 1                                |

# 5.3 Audit and monitoring

| Audit/Monitoring<br>Criteria   | Tool  | Audit<br>Lead |        | Responsible<br>Committee/Board |
|--------------------------------|-------|---------------|--------|--------------------------------|
| Notes review to assess if CC's | Audit | Vulnerable    | Annual | Audit meeting                  |
| have been generated as per     |       | team          |        |                                |
| guidance                       |       | Midwives      |        |                                |

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Review date: 5<sup>th</sup> July 2017



### **5.4 Equality Impact Assessment**

As part of its development, this Guideline and its impact on equality has been reviewed. The purpose of the assessment is to minimise and if possible remove any disproportionate impact on the grounds of race, gender, disability, age, sexual orientation, religion or belief, pregnancy and maternity, gender reassignment or marriage and civil partnership. No detriment was identified. Equality Impact assessments will show any future actions required to overcome any identified barriers or discriminatory practice.

|   |             | Equalit  | y Impact As                           | sessmen     | t                                   |           |  |
|---|-------------|----------|---------------------------------------|-------------|-------------------------------------|-----------|--|
| Division  | Wo          | men's a  | ind Childrens                         | Health      | Department                          | Maternity |  |
| Person completing the Eq                                    | ılA Jillia  | an Peet  |                                       |             | Contact No.                         |           |  |
| Others involved:  |             |          |                                       |             | Date of assessment:                 | 07/2020   |  |
| Existing policy/service                                     |             |          | Yes                                   |             | New policy/service                  | No        |  |
|   |             |          |                                       |             |                                     |           |  |
| Will patients, carers, the p<br>be affected by the policy/s |             | staff    | ff Yes                                |             |                                     |           |  |
| If staff, how many/which g<br>affected?                     | groups wi   | ll be    | Midwives, O                           | bstetricia  | ns, MCA's and Nursery               | / Nurses  |  |
|   |             |          |                                       |             |                                     |           |  |
| Protected characteristic                                    |             | Any ir   | npact?                                | Comme       | nts                                 |           |  |
| Age   |             |          | NO                                    |             | impact as the policy ai             |           |  |
| Disability  |             |          | NO                                    | _           | nise diversity, promote inclusion a |           |  |
| Gender reassignment   | NO          |          | fair treatment for patients and staff |             |                                     |           |  |
| Marriage and civil partne                                   | NO          |          |                                       |             |                                     |           |  |
| Pregnancy and maternit                                      | ty          | NO       |                                       |             |                                     |           |  |
| Race  |             | NO       |                                       |             |                                     |           |  |
| Religion or belief  |             | NO       |                                       |             |                                     |           |  |
| Sex   |             | NO       |                                       |             |                                     |           |  |
| Sexual orientation  |             |          | NO                                    |             |                                     |           |  |
| What consultation method                                    | d(s) have   | you ca   | rried out?                            |             |                                     |           |  |
| Circulation via email and I                                 | ` '         |          |                                       | lelines rev | /iew group.                         |           |  |
| How are the changes/ame                                     |             |          |                                       |             |                                     |           |  |
| Circulation via email. Disc                                 | cussion a   | t guidel | ines review g                         | roup and    | WH CIG                              |           |  |
| What future actions need                                    | to be tak   | en to o  | vercome any                           | barriers o  | r discrimination?                   |           |  |
| What? W   | /ho will le | ead this | ? Date of co                          | ompletion   | Resources nee                       | eded      |  |
|   |             |          |                                       |             |                                     |           |  |
| Review date of EqIA   |             |          |                                       |             |                                     |           |  |
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# **Appendix 1: Confidential Communiqué**

Maternity Department Confidential Communiqué

| NHS number:  |                          |                      | Midwife                                 | <u> </u>           |                               |                           |
|--|--------------------------|----------------------|---|--------------------|-------------------------------|---------------------------|
|  |                          |                      | Midwite:                                |                    |                               |                           |
| Name:  |                          |                      | Health Visitor team:                    |                    |                               |                           |
| Address & telephone no:  |                          |                      | GP:                                     |                    |                               |                           |
|  |                          |                      | Consul                                  | tant:              |                               |                           |
|  |                          |                      | Social '                                | Worker:            |                               |                           |
|  |                          |                      |   |                    |                               |                           |
| DOB:   |                          |                      | Other:                                  |                    |                               |                           |
| Alternative contact details (if any)                           |                          |                      | EDD:                                    |                    |                               |                           |
|  |                          |                      | Gravida                                 |                    |                               |                           |
|  |                          |                      |   | •                  |                               |                           |
| Cause for concern:   |                          |                      | Parity:                                 |                    |                               |                           |
| Cause for concern.   |                          |                      |   |                    |                               |                           |
| Learning or physical disabilities                              |                          |                      | Welfar                                  | e of the unbo      | rn baby                       |                           |
| Mothers physical/mental health                                 |                          |                      |   | ess / housing      |                               |                           |
| h/o self harm / depression / attem                             | pted suicide             |                      |   |                    | lum seeker / refugee s        | tatus                     |
| Substance / alcohol misuse                                     |                          |                      |   |                    | peaking English               |                           |
| Female genital mutilation                                      |                          |                      | Travell                                 |                    |                               |                           |
| Teenage pregnancy up to 18yrs o                                | f age at EDD             |                      | Unsup                                   | ported mothe       | rs                            |                           |
| Domestic abuse   | -                        |                      | Parent / carer 'looked after' in past   |                    |                               |                           |
| Other / cause for concern                                      |                          |                      | History of Social Care involvement with |                    |                               |                           |
|  |                          |                      | prospe                                  | ctive parents      | or family                     |                           |
| Surrogacy Further information:                                 |                          |                      |   |                    |                               |                           |
|  |                          |                      |   |                    |                               |                           |
| Client understands that this information                       | n is to be shared: Y     | ES / NO              |   |                    |                               |                           |
| Date:  |                          |                      | Name:                                   |                    |                               |                           |
| Midwife / Obstetrician signature:                              |                          |                      |   |                    | Date:                         |                           |
| Midwife / Obstetrician name (please                            | nrint).                  |                      |   |                    |                               |                           |
| Health Visitor signature: Date:                                |                          |                      |   |                    |                               |                           |
| Health Visitor name (please print): Copied to: Please tick box |                          |                      |   |                    |                               |                           |
| Named Midwife Child Protection: (essential)                    | HV / FNP:<br>(essential) | Designat<br>Labour V |   | GP:<br>(essential) | Teenage Pregnancy<br>Midwife: | Mental Health<br>Midwife: |
|  |                          |                      |   |                    |                               |                           |

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# **UPDATE – PLEASE DATE AND SIGN ALL ENTRIES:** Confidential Communiqué

(Continued)

| DATE | ACTION / MESSAGE | NAME &<br>SIGNATURE |
|------|------------------|---------------------|
|      |                  |                     |
|      |                  |                     |
|      |                  |                     |
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|      |                  |                     |
|      |                  |                     |

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## Appendix 2: Iniating a Confidential Communiqué quick reference guide

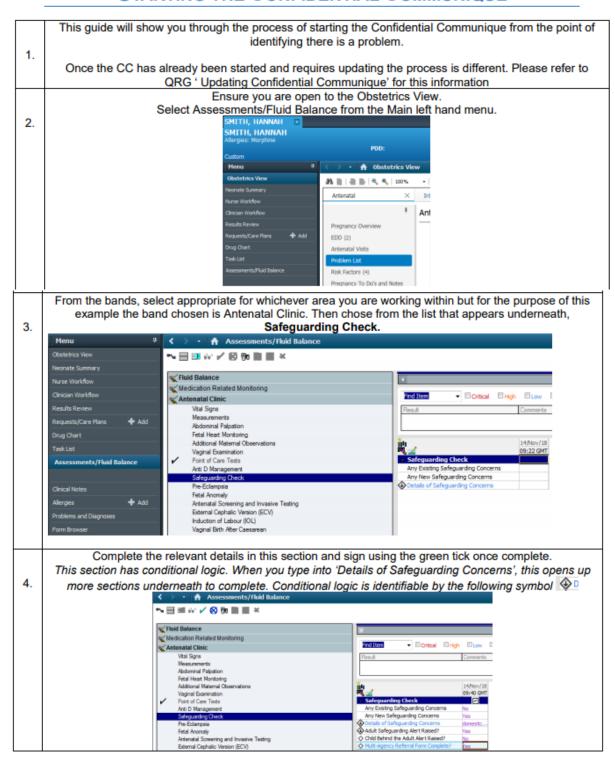
IT Dept
Quick Reference Guide (QRG)

Document No - Ref 221

NHS Foundation Trust

Version Number - 2.0

# STARTING THE CONFIDENTIAL COMMUNIQUE



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Now click on the AdHoc folder located on the toolbar at the top of the screen. Select Maternity Confidential Communique and click Record. 5. Complete the details within the Confidential Communique form and sign one complete (green tick). Try where possible to keep this text brief because you have a limited number of characters and you will 6. see further through this guide where you can document all of the details relating to the scenario. / H O K E + + B E E Once the Confidential Communique form is signed you must pull these details into a Clinical Note. Select Clinical Notes from the Main left hand menu. 7. Click on the Add icon to create a new note.

Starting the Confidential Communique Training Department

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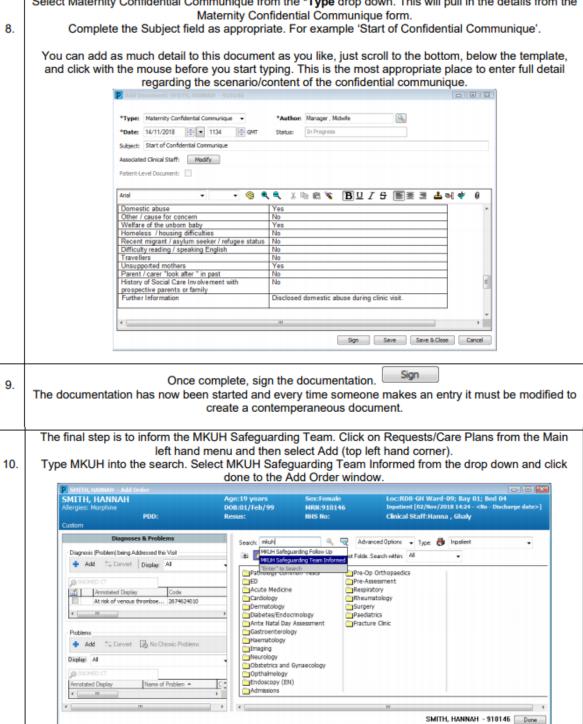
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Select Maternity Confidential Communique from the \*Type drop down. This will pull in the details from the

Maternity Confidential Communique form

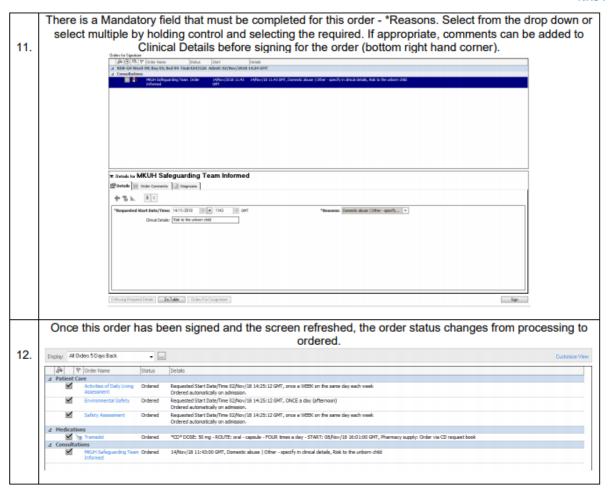


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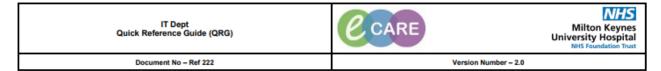
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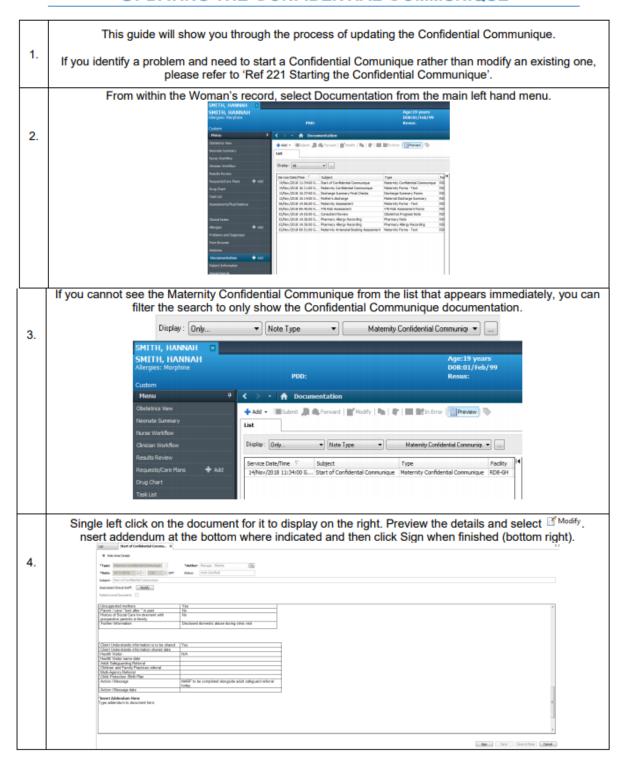


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# Appendix 3: Updating a Confidential Communiqué quick reference guide



# **UPDATING THE CONFIDENTIAL COMMUNIQUE**

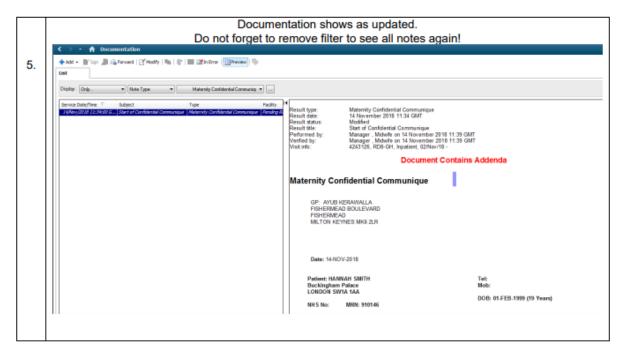


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