

1. On behalf of which NHS Trust are you responding?

Milton Keynes University Hospital

2. Does your Trust have a local inflammatory back pain pathway in place?

- Yes
- No
- Don't know/not sure

3. Do you have a local education programme for primary care practitioners including GPs and first contact practitioners? Please give details.

- Yes
- No
- Don't know not sure

Please give details.

4. Are you aware of the average current waiting time from when a patient is referred from their GP to receiving their diagnosis. By this we mean from the moment the referral is received by rheumatology until the patient receives an official diagnosis.

- Yes
- No
- Don't know / not sure

5. What is the average current waiting from when a patient is referred from their GP to receiving their diagnosis. By this we mean from the moment the referral is received by rheumatology until the patient receives an official diagnosis.

**Please select one of the following response options**

Option	Please tick here (one option only)
Less than 1 month	
1 - 2 months	
2 - 3 months	
3 - 4 months	<b>x</b>
4 - 5 months	
5 - 6 months	
6 - 12 months	
More than 12 months	
Don't know / not sure	

6. How do you ensure patients are given information and support following their diagnosis?

**Please select all response options which apply**

Option	Please tick here (tick all that apply)
Written information	<input checked="" type="checkbox"/>
Verbal information	<input checked="" type="checkbox"/>
Access to a helpline	<input checked="" type="checkbox"/>
Named contact in the team	<input checked="" type="checkbox"/>
NASS self management session	<input type="checkbox"/>
Group educational sessions	<input type="checkbox"/>
Other (please provide details)	<input type="checkbox"/>

7. What guidance are patients with axial SpA given when deciding whether to access biologic treatment?

- Written information
- Discussion with rheumatologist/rheumatology nurse specialist / other HCP
- None

8. Does the rheumatology department have access to a specialist physiotherapist.

- Yes, we have a rheumatology physiotherapist
- Yes, we have a MSK physiotherapist
- No, patients are referred to community physiotherapy
- No, we have no access to physiotherapy from rheumatology

9. What percentage of adults with axial SpA (AS) are referred to a specialist physiotherapist as described above for a structured exercise programme within your local area when first diagnosed?

100% - unless the patient declines

10. Do you provide patients with individual care plans when they are newly diagnosed?

- Yes, we provide full care plans discussed and assembled with patients
- Yes, care plans as part of their diagnosis letter
- No

11. Does this include specific information on flares?

- Yes
- No
- Don't know/not sure

12. Does the Trust have a dedicated axial SpA clinic? By this we mean a day or time when patients with axial SpA are seen by a multi-disciplinary team.

- Yes
- No
- Don't know / not sure

13. Which health professionals are available as part of the axial SpA clinic multi-disciplinary team?

- Consultant rheumatologist
- Registrar rheumatologist
- Rheumatology physiotherapist
- MSK physiotherapist
- Occupational therapist
- Rheumatology nurse
- Psychologist
- Other (please specify)
- Not applicable

Patients with SpA are seen in a normal Rheumatology clinic

14. Are axial SpA (AS) patients under the care of a rheumatologist offered access to psychological services?

- Yes
- No
- Don't know / not sure

Please give details of any mental health support available.

Thank you