

London Leadership and Lifelong Learning

Virtual Events in Celebration of Black History Month.

Date: October 2020





Introduction:

It has been such an honor to plan for Black History Month this year. It's been a very challenging year with an unexpected pandemic that affected the world. Then followed the horrific murder of George Floyd witnessed by thousands across the globe. Covid-19 highlighted the disparities of Covid-19 related deaths with extreme effects on Black Minority ethnic patients and staff. As we are nearing the winter months and a possible second wave, we can only hope that we are in a stronger position to cope with the pandemic. Although different to the norm we expect the planned virtual events to be just as impactful.

These series of events are in recognition of Black History Month, the London Leadership and Lifelong Learning region are hosting these events integrating with BME Staff Networks across London NHS Trusts, CCG's and other NHS Organisations. We have also coordinated a calendar of events which we will be sharing for the month of October.

Part of the People Plan and Our Promise talks about looking after our people, being part of the NHS and growing for our future. These series of events not only acknowledge Black History month but reflect upon the three key areas, mainly caring for and celebrating our people.

Throughout the month of October, the following virtual events will take place. They consist of half day workshops, lunch and learns plus a focus on well-being and mental health.



Samantha Hosten

Leadership and Lifelong Learning

Chair, BME Network of Networks London



BME Network of Networks Black History Month Events 2020

- ❖ **Keynote Speakers**
- ❖ **Workshops**
- ❖ **Well-being and Mental Health**
- ❖ **Virtual Exhibition**
- ❖ **Celebrating Diversity**

Workshop 1 - 7th October 2020

10:00 – 13:00

What's Stopping You?



An interactive workshop focused on building confidence. Creating a safe and inclusive environment where participants will be empowered, energised, upskilled and encouraged to be your very best. The session helps you to gain clarity on your professional presence, builds confidence to overcome success barriers, creating value from within. You will learn some basic communication and influencing skills that can be applied a wide variety of interactions including difficult conversations and meetings. You will leave with some essential tools and strategies that will help you to navigate the working environment, help you to step up into your personal power to achieve more.

Book here: <https://www.events.england.nhs.uk/events/black-history-month-workshop-whats-stopping-you>

Workshop 2 - 8th October 2020

10:00 – 13:00

Racial Inequalities in the NHS



Here we are in the UK presenting as a racially diverse nation. 2020 has been unique in so many ways. Internationally, issues of race and racial inequities have dominated so much of our news, spaces and for some of us our thinking and time. In this workshop, we won't take on the world...We will take a look at our (NHS). Together we will explore, how we became racially diverse and simultaneously racially inequitable in the NHS. We will explore together how each one of us can commit to being part of the solution to the problem of racial inequity. Some of us may not have had any part to play in creating racial inequitable systems and practices, but we have all inherited them, so how about we explore

what each one of us can do as our contribution to changing them and making our NHS a fairer place for all. This workshop will be open to all staff at all levels.

Book here: <https://www.events.england.nhs.uk/events/black-history-month-workshop-racial-inequalities-in-the-nhs>



Workshop 3 - 13th October 2020

Time 12:30 – 14:00

The Importance of Allyship – John Brouder



John Brouder is currently working as a Specialist Advisor on Diversity & Inclusion for the NHS in London. He has worked for the NHS and Social Care services for over forty years and was previously the Chief Executive of North East London Foundation Trust, the only Trust in the country to meet all of the Workforce Race Equality Standards when they were first published and improved year on year during his tenure. He is a nurse by background and a business graduate.

Book here:

<https://www.events.england.nhs.uk/events/black-history-month-event-the-importance-of-allyship>

Workshop 4 - 14th October 2020

12:00 – 13:30

Healthcare Scholarship



THC Primary Care provides expert advice and hands-on support to Primary Care Networks, Clinical Leads and Healthcare Entrepreneurs to improve the delivery of the business, project and networks.

Tara also founded and personally funds the Business of Healthcare Scholarship fund and states:

“As a black female and awarding business owner operating in the field of healthcare, I want to support professionals passionate about making their mark in this amazing yet challenging sector, just like I am striving to do.”

Book here:

<https://www.events.england.nhs.uk/events/black-history-month-healthcare-scholarship>




Keynote Address – 20th October 2020

14:30 – 15:30

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| Anti-Racism – Tracie Joliff |
| More details to follow. |
| Book here: https://www.events.england.nhs.uk/events/black-history-month-keynote-on-anti-racism |

Workshop 5 - 21st October 2020

14:00 – 15:30

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| My Story – Racism in Football | |
|  | <p>Ex-professional footballer Paul Canoville knew from the age of five he was destined to be a football player. What Paul did not know when he embarked on his debut appearance as Chelsea's first black football player, was the racist abuse he would endure from fans from his own club, that continued throughout his signing there. An incident that many believed was racially charged led Paul to be transferred to Reading FC but his career was blighted by injury and he was forced to retire in his prime. The callous chain of events caused a down spiral only to be stricken with Cancer.</p> |
| <p>It was Paul's desire to overcome his own battles and help young children that came from backgrounds similar to like his own that inspired him to start the Paul Canoville Foundation - 'Being the change' youngsters needed to see and rising up resiliently.</p> | |
| <p>Paul also is an avid campaigner and spokesperson against racism and is also the Ambassador of the 'Music' Against Racism' campaign; an organisation set up in 2020 in response to rising levels of racism. He is also qualified mental health talking therapy practitioner.</p> | |
| Book here: https://www.events.england.nhs.uk/events/black-history-month-my-story-racism-in-football | |

Keynote Address - 28th October 2020

09:30 - 11:30

The Windrush Generation and the NHS



Join us to celebration Black History Month and learn about the arrival of the Empire Windrush. Historian **David Olusoga** will share his knowledge of the Windrush Generation and the thousands of NHS workers that came from the Caribbean. There will be a discussion with the audience and an opportunity to ask questions. We are pleased David will be speaking for us again this year.

Book here:

<https://www.events.england.nhs.uk/events/black-history-month-the-windrush-generation-and-the-nhs>

Workshop 6 - 28th October 2020

12:30 - 13:30

100 Great Black Britons



Patrick Vernon OBE is social commentator, campaigner and cultural historian. He has over twenty years' senior experience working across mental health, public health, heritage and race equality and is well known in health, local government and the voluntary sector. In 2018 he kick started the campaign for an amnesty for the Windrush Generation. Patrick is currently Associate Director for Connected Communities at the Centre for Ageing Better, Equality and Diversity Adviser to Lambeth Council, Chair of Citizens Partnership for Healthcare Investigation Branch (HSIB) and Senior Associate at OLMEC. Patrick is a Patron of ACCI a long

established black mental health charity in Wolverhampton and Patron of Santé a social enterprise in Camden which supports and befriends refugees and asylum seekers across London. He created the 100 Great Black Britons Campaign in 2003 which Mary Seacole was voted Great Black Briton and the Windrush Game.

Patrick is Vice Chair of the Bernie Grant Trust and a board member of 38 Degrees. He received an OBE in 2012 for his work in race equality and health. He was awarded an honorary PhD by Wolverhampton University in 2018 for his campaigning and writing on culture, history and migration. In 2019 Patrick. In 2020 Patrick was featured in September's edition of British Vogue as one of the top 20 activist and campaigners.

Book here: <https://www.events.england.nhs.uk/events/black-history-month-event-100-black-britons>

Workshop 7

29th October 2020

10:00 – 13:00

The Impact of Telling your Story



Everyone has a story to tell. Stories, captivate, they inspire, they showcase the grittiness of lived experiences and the expanse of human imagination. So many stories go untold because the one who holds the story feels that it's irrelevant, lacking in uniqueness and would not be interesting to others. For many people, storytelling is bringing meanings to life, to show how people cope with exceptional as well as difficult times in their lives. How they invent new ways of speaking when old ways fail them. How they make the bizarre sensible and the tragic manageable. And how they can turn misfortunes into gifts. Come along and join Peggy in talking about and developing stories. Come with a beginning, and middle of your story. Be

prepared to out it, and see and hear the impact on others!

Guess what? In so doing, you will potentially be working on crafting an ending to your own new story.

Book here: <https://www.events.england.nhs.uk/events/black-history-month-the-impact-of-telling-your-story>