

Request under Freedom of Information Act 2000

Thank you for your request for information which we received on 27 September 2019.

I am pleased to confirm the following.

- 1. Do you offer any alternative bowel preparation laxatives for patients undergoing colonoscopy?**
We usually prescribe Moviprep for colonoscopy; if the patient cannot tolerate it we can offer Klean prep or Picolax with a low fibre diet for an extended period
- 2. How many patients received each bowel preparation laxative between 1st January 2018- 1st January 2019?**
3283
- 3. What were the number of patients receiving each bowel preparation laxative who had inadequate bowel preparation between 1st January 2018- 1st January 2019?**
167
- 4. Are patients undergoing colonoscopy advised to take the bowel preparation at a single time or split over two different times?**
Split over two different times
- 5. During the period of 1st January 2018- 1st January 2019, what times were patients advised to consume the bowel preparation for a morning colonoscopy appointment?**
Generally, our advice for morning colonoscopy we ask patients to take the first dose at 1 pm the day before their appointment then the next dose at 6pm that evening
- 6. During the period of 1st January 2018- 1st January 2019, what times were patients advised to consume the bowel preparation for an afternoon colonoscopy appointment?**
Generally, our advice for afternoon colonoscopy we ask patient to take the first dose at 7pm the day before their appointment and the next dose at 6 am on the morning of their appointment.
- 7. During the period of 1st January 2018- 1st January 2019, what times were patients advised to consume the bowel preparation for an evening colonoscopy appointment?**
We do not offer evening appointments
- 8. Are patients advised to consume a particular diet prior to their colonoscopy? If so what diet are they advised to consume? How many days are they advised to consume it for?**
We ask patient to eat only low in fibre foods from the "Allowed Food List" that we give to them.
- 9. Do any of your patients attend a specific pre-assessment clinic after they are referred for colonoscopy, but before they attend on the day of their endoscopy to receive more**

detailed endoscopy information? What is the criteria for referral to this pre assessment clinic?

We don't routinely offer pre-assessment for patients who are referred for colonoscopy. Only patients with specific medical conditions are pre-assessed.

10. How many patients are seen in this pre-assessment clinic between 1st January 2018- 1st January 2019?

This question is exempt under Section 40.

11. How many colonoscopies did you perform in the last year (1st January 2018- 1st January 2019)?

During that period we performed 3284 colonoscopies

During the period of 1st January 2018- 1st January 2019:

12. How many patients were documented as having excellent bowel preparation?
382

13. What was the polyp detection rate in patient with excellent bowel preparation?
*This question is exempt under Section 40.

14. How many patients were documented as having good bowel preparation?
1708

15. What was the polyp detection rate in patient with good bowel preparation?
*This question is exempt under Section 40.

16. How many patients were documented as having fair bowel preparation?
1026

17. What was the polyp detection rate in patient with fair bowel preparation?
*This question is exempt under Section 40.

18. How many patients were documented as having inadequate bowel preparation?
167

19. What was the polyp detection rate in patient with inadequate bowel preparation?
*This question is exempt under Section 40.

20. How many patients had a morning appointment during the period of 1st January 2018- 1st January 2019?
*This question is exempt under Section 40.

21. How many patients who had a morning appointment during the period of 1st January 2018- 1st January 2019 had inadequate bowel prep?
*This question is exempt under Section 40.

22. How many patients had an afternoon appointment during the period of 1st January 2018- 1st January 2019?
*This question is exempt under Section 40.

23. How many patients who had an afternoon appointment during the period of 1st January 2018- 1st January 2019 had inadequate bowel prep?

*This question is exempt under Section 40.

24. How many patients had an evening appointment during the period of 1st January 2018- 1st January 2019?

We do not offer evening appointment

25. How many patients who had an evening appointment during the period of 1st January 2018- 1st January 2019 had inadequate bowel prep?

N/A

26. If a patient has a repeat colonoscopy due to inadequate bowel preparation, do you have a specific bowel preparation regime for those patients? If so what is it?

Currently we do not have specific bowel prep regime following inadequate bowel prep. however, we look at each patient's individual requirements and take appropriate action.

***These have been exempt under Section 40 – Personal information (where disclosure may contravene the Data Protection Act 2018). Since this information is not held in a central location it would entail accessing individual patient records.**

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If you need any further assistance, please do not hesitate to contact us at the address above.

Yours sincerely,

Freedom of Information Co-ordinator
For and on behalf of Milton Keynes Hospital NHS Foundation Trust

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