

# ROLL UP! ROLL UP!

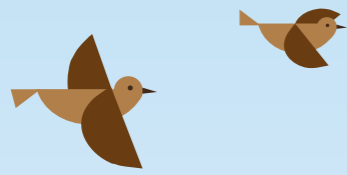
YOU ARE INVITED TO...



THE **EVENT** IN THE **TENT** 2018

8 - 10 MAY 2018





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## **I am delighted to say that our flagship staff engagement event - the Event in the Tent - is back for a second year!**

The event proved hugely successful last year, with over 1,000 members of staff from across the organisation coming through the doors of the marquee to learn, share and network. The feedback we received from you during those three days of last year has helped to make service improvements, launch new initiatives and improve the way in which we communicate with each other – all of which contribute to a better experience for staff as well as patients.

With the NHS turning 70 this year – officially on Thursday 5 July – there will be a continuous link to this historic birthday throughout the Event in the Tent 2018. Our three days, hosted from Tuesday 8 May to Thursday 10 May, will be themed around three areas that the Trust has identified as being vital to the future success of the organisation.

Day one will begin with a theme around the past, looking at how we can learn from what we have achieved, and what could be done differently, to deliver better, safer care in the future. On Wednesday we see the return of the hugely popular health and wellbeing fair which will be at the centre of a day focussing on improving and developing staff and patient experience. Finally we finish with the future and looking at innovation, with a particular focus on some of the excellent research that is currently ongoing at MKUH. This day will further explore what health and social care may look like in the years to come.

Feedback from you, our staff, has helped to shape the agenda for the event and I would encourage you all to try and attend at least one session over the three days. All sessions are open to all staff and it will be a fun and interactive environment where we can co-develop plans to shape the future of our hospital. Please do speak to your line managers to make sure attendance can be managed appropriately.

This event is dedicated to you so we would love to know what your views are both during and after the event. If you have any feedback, please let one of the event team know.

I look forward to seeing you there.

### **Professor Joe Harrison**

Chief Executive Officer  
Milton Keynes University Hospital NHS Foundation Trust



## OUR KEY-NOTE SPEAKERS

We are privileged to be able to host a range of high quality speakers to share with you their insights and expertise in their respective fields. Find out more about each of our key-note speakers below.

### JENNI MIDDLETON

#### Editor of the Nursing Times

Jenni Middleton is editor of Nursing Times, the voice of the nursing community, and the UK's leading source of nursing news and best practice. The brand campaigns for nurses regularly, and its Speak Out Safely Campaign encourages healthcare professionals and organisations to subscribe publicly to the principles of encouraging raising concerns.

Since joining the title, Jenni has launched studentnursingtimes.net, an online subscription package for student nurses and The Student Nursing Times Awards. She has steered Nursing Times to three Online Media Awards, one British Media Award, a Professional Publishers' Association New Talent Award, and two British Society of Magazine Editors' Awards. She has been named Editor of the Year at the Medical Journalists' Association awards in 2015, and in 2016 was the British Society of Magazine Editors' Awards Editor of the Year and the PPA Awards Editor of the Year.

Jenni has worked in publishing since 1994 and been an editor for nearly 20 years, having edited titles as diverse as Polymers Paint Colour Journal, Product Finishing, Retail Jeweller, PC Magazine and Professional Beauty.

She has a degree in English and American Literature from The University of Warwick. Jenni is an Honorary Doctor of Health Science at Anglia Ruskin University and a trustee of the Queen's Nursing Institute.

### DR RON DANIELS

#### CEO of the UK Sepsis Trust

Ron is Chief Executive and one of the founders of the Trust. He developed his passion for improving systems for Sepsis during his role as a Consultant in Critical Care and Anaesthesia, and his parallel role as CEO of the Global Sepsis Alliance. He is a recognised world expert in sepsis and lectures internationally.

Ron's philosophy is that 'I won't rest until patients with sepsis are dealt with as quickly and reliably as patients with heart attacks or stroke, every time'. Ron initiated the development of the UK Sepsis Trust when it became clear that to achieve this required not only education, but also engagement.

### MARTIN BROMILEY

Martin is an experienced pilot, working as a Captain for a major UK airline.

In 2005, Martin's wife died as a result of problems encountered during what should have been a routine operation at a local healthcare provider. Elaine died here at Milton Keynes Hospital. An independent review of Elaine's death identified many issues involving human factors which contributed to the chain of events that day. The science of human factors is well understood and established in aviation and other safety critical industries. In healthcare, it continues to be embedded.

In his session Martin will look at the science of human factors, improving human performance and the critical role of learning, rather than blaming, when things go wrong.

Martin has made a very significant contribution to healthcare safety around the country as a result of his work since Elaine's sad death. This is the first time that Martin has spoken of events, and of his work, in Milton Keynes. We are very grateful to him for doing so.

### CHRIS POINTON

#### Co-founder of #hellomynames

Chris is the co-founder of #hellomynames campaign which he started with his wife Dr Kate Granger, the geriatrician, author and NHS patient who sadly passed away in July 2016 due to a rare form of incurable cancer. Kate led the "Hello my name is..." campaign, which drew on her own encounters as a patient. Encouraged by Chris to "stop whinging and do something" after discussing it with him, she did exactly this, and ended up becoming the face of a compassionate care campaign that changed the world.

Chris now continues the work that they started across the world giving talks on his and Kate's journey along with the birth and subsequent journey of #hellomynames.

### THE MENTAL HEALTH HOSPITAL LIAISON TEAM

The Mental Health Hospital Liaison (MHHL) team are the single point of contact for MKUH in referring any patients with mental health concerns and work closely with clinicians to avoid exclusion of patients with a mental health problem.

The team provides enhanced access to assessment and intervention for people with mental health difficulties in the emergency department and across all hospital wards. Their aim is to deliver the service in the least restrictive and disruptive manner possible.

The MHHL team provide a specialist 24/7 service to meet the needs of patients. They aim to assess referrals from A&E within 1-hour and provide a 4-hour response to a number of identified acute wards, with all other referrals providing a 24-hour response.

In addition, the team provide training to promote overall mental health awareness in an effort to improve knowledge and confidence for staff supporting those with mental health difficulties.

### DR MICHAEL FARQUHAR

#### Consultant in Sleep Medicine at Evelina London

Dr Michael Farquhar trained in general paediatrics, respiratory medicine and sleep medicine at the Royal Hospital for Sick Children (Glasgow), Nottingham Children's Hospital, The Children's Hospital at Westmead (Sydney), Sydney Children's Hospital and Great Ormond Street Hospital (London).

Dr Farquhar has been a consultant in sleep medicine at Evelina London since 2012. He works in both the general and hypersomnia clinics, and the diagnostics sleep study service. He also works with other departments to assist colleagues in caring for children experiencing sleep difficulties due to complex medical issues.

Dr Farquhar is further involved in educating healthcare professionals on the importance of sleep, with a focus on sleep for staff working night shifts.

Dr Farquhar is a member of the Royal College of Paediatrics and Child Health, The British Paediatric Sleep Association, the British Sleep Society, the European Sleep Research Society and the British Paediatric Respiratory Society.



### VAL WOODS

#### Chief Operating Officer of the CRN Thames Valley and South Midlands

Val Woods was appointed as Chief Operating Officer in April 2014, and is responsible for the leadership and oversight of the work of the Clinical Research Network Thames Valley and South Midlands. She was Senior Manager of the Thames Valley Comprehensive Local Research Network from 2009-2014.

Val is a Chartered Accountant and spent most of her early career in senior roles in the private sector. She became involved in the NHS through her appointments as a Non-Executive, firstly with the Oxfordshire Ambulance Service and then as a member on the inaugural Board of South Central Ambulance Service where she chaired the audit committee.

### GEOFF SNELSON

#### Director of Strategy and Futures at Milton Keynes Council

Geoff has worked at Milton Keynes Council since 1998. His role embraces the promotion of Milton Keynes to external audiences and investors and major projects to secure the long-term success of the city – the fastest growing economy and place in the UK. He leads the MK Futures 2050 programme that is delivering a new long-term vision and strategy for the city's growth.

A key project is the creation of MK:U - a new technology university in the city centre. Geoff also leads MK:Smart 2.0 – an internationally prominent smart city collaboration with a strong focus on innovation and citizen engagement. Projects include a city data hub and internet of things network plus low carbon and intelligent mobility, including the UK Autodrive project that is introducing autonomous transport services to the city.

Geoff chairs the Directors' Group of the Fast Growth Cities Network and the User Panel of the What Works Centre for Local Economic Growth. He is a member of the Advisory Board of the World Broadband Alliance and was expert advisor on smart cities for the TCPA & UK Embassy Urbanisation Roadshow to China (November 2016).



**TUESDAY 8 MAY, 2018**  
**IMPROVEMENTS**

**TIME**

**09.00 – 09.30**

**ACTIVITY**

**Welcome**

Welcome to Event in the Tent 2018! Our vision for MKUH now and in the future - a culture of care, compassion and collaboration. Breakfast included

**SPEAKER/HOST**

Joe Harrison, CEO and Simon Lloyd, Chairman

**BOOKING**

**Book online:**  
[eitt2-intro.eventbrite.co.uk](http://eitt2-intro.eventbrite.co.uk)

**TIME**

**09.45 - 10.30**

**ACTIVITY**

**'I am not just a nurse'**

Our first fantastic external speaker is Editor of the Nursing Times Jenni Middleton. Join Jenni as she looks at the role of nursing staff in the NHS and how nurses can shape, influence and change organisations.

**SPEAKER/HOST**

Jenni Middleton, Editor of the Nursing Times

**BOOKING**

**Book online:**  
[jenni-middleton-importanceofnursing.eventbrite.co.uk](http://jenni-middleton-importanceofnursing.eventbrite.co.uk)

**TIME**

**10.45 - 11.15**

**ACTIVITY**

**Our strategy, vision and values**

Having a shared purpose and direction is really important to the success of #TeamMKUH. This session is all about what you've told us and how we have shaped that into a vision, set of values and a strategy we can all recognise and get behind. Come along and find out what's next on our hospital's exciting improvement journey.

**SPEAKER/HOST**

Joe Harrison, CEO

**BOOKING**

**Book online:**  
[visions-and-values.eventbrite.co.uk](http://visions-and-values.eventbrite.co.uk)

**TIME**

**11.30 - 12.15**

**ACTIVITY**

**Understanding Sepsis**

**- spotting the signs before it's too late**

The CEO of the UK Sepsis Trust Dr Ron Daniels will deliver a presentation on how to better identify, understand and treat sepsis to improve care and outcomes. Dr Daniels has used a variety of tools and techniques in sepsis identification, treatment and care and will be showcasing these during the presentation.

**SPEAKER/HOST**

Dr Ron Daniels, UK Sepsis Trust

**BOOKING**

**Book online:**  
[ron-daniels.eventbrite.co.uk](http://ron-daniels.eventbrite.co.uk)

**TIME**

**12.45 - 13.30**

**ACTIVITY**

**Turning learning into action:  
A patient's story**

In his session Martin will look at the science of human factors, improving human performance and the critical role of learning, rather than blaming, when things go wrong.

Martin has made a very significant contribution to healthcare safety around the country as a result of his work since Elaine's sad death. This is the first time that Martin has spoken of events, and of his work, in Milton Keynes. We are very grateful to him for doing so.

**SPEAKER/HOST**

Martin Bromiley

**BOOKING**

**Book online:**  
[martin-bromiley.eventbrite.co.uk](http://martin-bromiley.eventbrite.co.uk)

**TIME**

**13.45 - 14.15**

**ACTIVITY**

**Understanding Sepsis**

**- spotting the signs before it's too late**

The CEO of the UK Sepsis Trust Dr Ron Daniels will deliver a presentation on how to better identify, understand and treat sepsis to improve care and outcomes. Dr Daniels has used a variety of tools and techniques in sepsis identification, treatment and care and will be showcasing these during the presentation.

**SPEAKER/HOST**

Dr Ron Daniels, UK Sepsis Trust

**BOOKING**

**Book online:**  
[ron-daniels-2.eventbrite.co.uk](http://ron-daniels-2.eventbrite.co.uk)

**TIME**

**14.30 - 15.00**

**ACTIVITY**

**Bricks and mortar**

**- building the hospital of the future**

If you're interested in the new buildings and facilities springing up over the hospital site now and in the future - this is the session for you! Come along and find out more, and take a look at our virtual reality fly-over of the hospital.

**SPEAKER/HOST**

John Blakesely, Phil Eagles and Malcolm Ormond

**BOOKING**

**Book online:**  
[estates-developments.eventbrite.co.uk](http://estates-developments.eventbrite.co.uk)

**TIME**

**15.15 - 16.00**

**Our strategy, vision and values**

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**SPEAKER/HOST**

Joe Harrison, CEO

**BOOKING**

**Book online:**  
[visions-and-values-2.eventbrite.co.uk](http://visions-and-values-2.eventbrite.co.uk)





## WEDNESDAY 9 MAY, 2018 STAFF AND PATIENT EXPERIENCE

### TIME

06.30 - 07.15

### ACTIVITY

#### Morning Yoga

Rise and shine with a morning yoga class, hosted by our 1Life instructor. Start your day with some relaxation, testing both your mind and body. No matter what your role, this is the perfect way to start your day.

### BOOKING

[morning-yoga.eventbrite.co.uk](http://morning-yoga.eventbrite.co.uk)

### TIME

7.45 - 8.30

### ACTIVITY

#### Crafts and breakfast

Art is a fantastic way to relax, unwind and get in touch with your creative side. The Arts for Health team invite you to join them for a breakfast crafts session where you have the opportunity to make your own coaster and channel your inner Picasso! Breakfast included

### SPEAKER/HOST

Arts for Health MK

### BOOKING

[arts-for-health.eventbrite.co.uk](http://arts-for-health.eventbrite.co.uk)

### TIME

09.30 - 10.30

### ACTIVITY

#### How #Hellomynameis changed the way the NHS approaches patient experience

The brilliant, multi-awarding winning #hellomynameis campaign was established in 2013 and we are delighted to be joined by co-founder of the campaign Chris Pointon. Chris will be talking about the importance of #hellomynameis and the impact it has had on patients, as well as the exciting next steps planned for the campaign.

### SPEAKER/HOST

Chris Pointon

### BOOKING

[hellomynameis-chris.eventbrite.co.uk](http://hellomynameis-chris.eventbrite.co.uk)

### TIME

10.45 - 11.15

### ACTIVITY

#### What is mental health and how to improve mental wellbeing

Mental health is a subject that we need to find ways to talk more openly about. Dr Sharon Lord from the Central and North West London Trust will be sharing her views on breaking the stigma surrounding mental health and giving her tips and techniques on dealing with stress.

### SPEAKER/HOST

Dr Sharon Lord, Central and North West London NHS FT and the Mental Health Hospital Liaison team

### BOOKING

[positive-mindfulness.eventbrite.co.uk](http://positive-mindfulness.eventbrite.co.uk)



### TIME

12.00 - 15.00

### ACTIVITY

#### Health and Wellbeing Fair

Come down to our marquee to get involved in our Health and Wellbeing fair. A number of our departments, as well as external organisations, will be hosting stands to showcase what we are doing to improve staff health and wellbeing at MKUH. There will also be lots of freebies and giveaways to get your hands on!

### TIME

15.45 - 16.30

### ACTIVITY

#### What did you say? What staff and patients are telling us about MKUH and what we should be doing about it

We spend a lot of time asking for feedback on MKUH as an employer and a place to be treated and cared for. But do we know what staff and patients are really telling us about our hospital? And what should we be doing about it?

If you're passionate about improving staff and patient experience - this is the session for you.

### SPEAKER/HOST

Lisa Knight, Chief Nurse, Ogechi Emeadi, Director of Workforce, Kate Jarman, Director of Corporate Affairs

### BOOKING

[staff-and-patient-survey.eventbrite.co.uk](http://staff-and-patient-survey.eventbrite.co.uk)

### TIME

17.30 - 18.15

### ACTIVITY

#### Afternoon Yoga

Another opportunity to try out our yoga class hosted by our 1Life instructor. If you were unable to start the day with our morning session, why not try finishing your day in a calm and comfortable environment? This session is ideal for all staff who want to find new ways to relax.

### BOOKING

Book online:  
[afternoon-yoga.eventbrite.co.uk](http://afternoon-yoga.eventbrite.co.uk)

### TIME

18.30 - 19.30

### ACTIVITY

#### Get involved in the #TeamMKUH choir!

Fancy joining a choir? Well now's your chance! A scratch choir - in other words, a community choir put together from scratch in one day! Whether you are an experienced singer, or if you just want to try something different, come down, join in and lend your voice to the #TeamMKUH scratch choir!

### SPEAKER/HOST

Arts for Health MK

### BOOKING

No booking required – just turn up!





**DAY THREE**  
**THURSDAY 10 MAY, 2018**  
**INNOVATION**

**TIME**

**08.00 - 08.45**

**ACTIVITY**

**Supporting the BMA's campaign to improve fatigue management and increase the awareness around the importance of sleep**

Dr Michael Farquhar has spent the last decade researching the importance of sleep on human performance. In this session, he discusses some of the findings of this research and outlines how we, as individuals and an organisation, can be more aware of fatigue management.

Breakfast included!

**SPEAKER/HOST**

Dr Michael Farquhar

**BOOKING**

**Book online:**

[fatigue-management.eventbrite.co.uk](http://fatigue-management.eventbrite.co.uk)

**TIME**

**09.00 - 09.45**

**ACTIVITY**

**All you need to know about our latest technological advancement 'eCARE' ahead of go-live**

Our new digital record system eCARE goes live on Friday 18 May. This is your opportunity to find out more about the benefits of eCARE and what the system looks like and how it operates. This session is also your chance to meet some of the eCARE team and ask any questions that you may have.

**SPEAKER/HOST**

Caroline Hutton, Director of Clinical Services and Debbie Phillips, Chief Clinical Information Officer

**BOOKING**

[ecare-at-mkuh.eventbrite.co.uk](http://ecare-at-mkuh.eventbrite.co.uk)

**TIME**

**10.00 - 10.45**

**ACTIVITY**

**Research and Development at MKUH and beyond**

Research and Development is a key area that the Trust is investing in so that we can offer more opportunities for our patients to participate in the latest studies. Together with our CEO Joe Harrison, Val Woods, Chief Operating Officer of the CRN Thames Valley and South Midlands gives her views on what R&D is doing for patients in the Thames Valley region, both now and in the future.

**SPEAKER/HOST**

Val Woods, Chief Operating Officer of the CRN Thames Valley and South Midlands

**BOOKING**

**Book online:**

[research-and-development.eventbrite.co.uk](http://research-and-development.eventbrite.co.uk)

**TIME**

**11.00 - 11.45**

**ACTIVITY**

**Patient Research Ambassadors - What they do and how you can get involved**

For Research and Development to be successful, patients are needed to participate in trials. Come along to hear from some of our Patient Research Ambassadors (PARs) to find out why they chose to get involved in research, and how you can do the same.

**SPEAKER/HOST**

Patient Research Ambassadors, National Institute of Health Research

**BOOKING**

**Book online:**

[research-ambassadors.eventbrite.co.uk](http://research-ambassadors.eventbrite.co.uk)



**TIME**

**12.00 - 13.00**

**ACTIVITY**

**Lunch and quiz**

**Meet the research team, drop in session  
Lunch included!**

This is your opportunity to come and meet the Research and Development team from MKUH, as well as some of the regional team from the National Institute of Health Research. Pop down for some lunch and find out what is currently ongoing in our region.

**TIME**

**13.15 - 14.00**

**ACTIVITY**

**Super-sniffers: How specially trained dogs are helping to detect breast cancer and Parkinson's Disease**

MKUH has worked closely with the charity Medical Detection Dogs over the last two years in a study using specially trained dogs to detect urological cancer. Since then the research has evolved significantly and the dogs are now being trained to spot breast cancer and Parkinson's Disease. Come and hear more about these innovative trials and meet the amazing dogs and their super noses!

**SPEAKER/HOST**

Medical Detection Dogs

**BOOKING**

[medical-detection-dogs.eventbrite.co.uk](http://medical-detection-dogs.eventbrite.co.uk)

**TIME**

**14.15 - 15.00**

**ACTIVITY**

**Smart Cities, the future of Milton Keynes**

Milton Keynes has long been referred to as a 'smart city' but what does that actually mean? Geoff Snelson, Director of Strategy at Milton Keynes Council, outlines the plans that are in progress for the city's development to 2050 and how new technology and innovation will help make Milton Keynes the place to be for individuals and businesses in the future.

**SPEAKER/HOST**

Geoff Snelson, Director of Strategy and Futures at MK Council

**BOOKING**

**Book online:**

[smart-city-mk.eventbrite.co.uk](http://smart-city-mk.eventbrite.co.uk)

**TIME**

**15.15 - 16.00**

**ACTIVITY**

**Wearable technology**

Our very own Consultant Cardiologist Dr Attila Kardos explores the research into wearable technologies and whether they really do make a difference to your health. From Fitbits to Virtual Reality head sets, the future is already here.

**SPEAKER/HOST**

Attila Kardos

**BOOKING**

**Book online:**

[wearable-technology-healthcare.eventbrite.co.uk](http://wearable-technology-healthcare.eventbrite.co.uk)

**TIME**

**17.30 - 19.00**

**ACTIVITY**

**Charity Quiz**

**BOOKING**

**Book online:**

[charity-quiz.eventbrite.co.uk](http://charity-quiz.eventbrite.co.uk)



## KEEPING IN TOUCH

**To keep you right up-to-date with all the latest developments with the event, including which workshops are still available, we will be posting regularly on our social media accounts.**

We would encourage those members of staff who have their own individual accounts to post comments, pictures and thoughts about the event to share these with colleagues across the organisation.

The Trust's accounts are as follows – to get involved please make sure you tag these in your posts:



**Milton Keynes University Hospital**



**@mkhospital, #TeamMKUH or #EITT2018**

We appreciate that not all colleagues will be able to attend all sessions across the three days. We will be filming a number of selected sessions and will make these available online to either watch while they are happening, or at a later time that is more convenient. These sessions will be posted on both our intranet and website for you to access.

Your feedback is vital for helping us understand what worked well, what could be improved and how we could run things differently in the future. We want to make this event a highlight in all staff calendars so please let us know what you think. You can provide your feedback in the following ways:

- Using the feedback sheet after each event.
- Using the feedback coins at the end of each session.
- Speak to one of the 'Tent Team' – they will be wearing the team t-shirts!
- Email the Communications team – [communications@mkuh.nhs.uk](mailto:communications@mkuh.nhs.uk)
- Through our social media accounts as stated above.

Most importantly, this event is not just a three day event. All thoughts, ideas and suggestions that are raised in the sessions will be analysed and staff will be empowered to make changes in their local area.