



We represent a group of multi-professional clinicians and pessary users who have come together following a recognised need for UK guidelines relating to pessary for prolapse management. To date, the UK lacks an evidence based guideline detailing various aspects of pessary care.

As a group, our long-term aims are:

To undertake a service evaluation to establish where and who delivers pessary care in the UK Publish the findings of the service evaluation

Use data collected in the service evaluation to create a sampling frame of pessary practitioners Distribute a clinician survey to pessary practitioners within the sampling frame to determine aspects of pessary practices across the UK

Publish the findings of the clinician survey

Undertake a consensus exercise to establish agreement between experts regarding pessary care Formulate and publish guidelines for pessary care in the UK

We are writing to you and colleagues in Primary, Secondary and Tertiary care, with a freedom of information request to obtain the following data:

1)- How many new pessaries are inserted in your Trust/ CCG/ Practice in the last year? July 2018-July 2019 184 new pessaries inserted.

2)- How many pessaries are changed in your Trust/ CCG/ Practice in the last year? July 2018-July 2019 320 changes carried out by Urogynae Nurse Specialist.

3)- What are the training requirements for a pessary practitioner in your Trust/ CCG/Practice? *Please share any related competency or training documents*

Attendance at study day (Mediplus), competency sign off, training log of 50 cases under Consultant supervision, sign off.

4)- Who provides pessary care in your Trust/ CCG/ Practice?

Urogynae Nurse Specialist.

The policy is currently going through our internal governance process to revalidate in August.

The information obtained from the request will help us to build a database of detailed information about pessary management in primary, secondary and tertiary care.

Please send the completed enclosed form to: wsh-tr.ukpessarypractices@nhs.net

Yours sincerely,

Clinical Nurse Specialist, Urogynaecology





On behalf of Pessary Use for Pelvic Organ Prolapse UK Guideline Group

Name of organisation: MKUH

Question	Number	Comments
How many new pessaries are	184	
inserted in your Trust/ CCG/		
Practice in the last year?		
How many pessaries are	320	
changed in your Trust/ CCG/		
Practice in the last year?		
What are the training		Attendance at study day (Mediplus), competency
requirements for a pessary		sign off, training log of 50 cases under Consultant
practitioner in your Trust/		supervision, sign off.
CCG/Practice?		
Please share any related		
competency or training		
documents		

Who provides pessary care in your Trust/ CCG/ Practice? (see table below and tick all that apply)

Designation:	Please tick all that apply
Consultant Urogynaecologist	x
Consultant Gynaecologist	occasionally
Urogynaecology Subspecialist Trainee	x (when trainee identified)
Junior Doctor	x
Nurse Consultant	
Advanced Nurse Practitioner	
Specialist Nurse	x
Staff Nurse	
Assistant Practitioner	
Clinical Support Worker/Auxillary Nurse/Nursing assistant	
Physiotherapist	
Midwife	
Other (please specify)	