

Complete this form for new requests only

Prescription Request for Consideration of Adult Oral Nutritional Supplements

*This form must be completed by the care home for any **new** requests for adult oral nutritional supplements to enable the GP to determine if the prescription request is appropriate.*

Please note: DO NOT complete this form if either of the following applies ([refer directly to dietitian](#)):

- Patient has a pressure sore OR chronic wound
- Patient has been recommended thickened fluids by a Speech and Language Therapist

Patient Name:		Care Home:	
Date of birth:		Contact Tel:	
NHS number:		Contact NHSmail:	

Measurements	Last six months' weights (where known)	Date	Weight (kg)
Current weight (kg):	1 month ago:		
Date of current weight:	2 months ago:		
Height (m):	3 months ago:		
Current MUST score:	4 months ago:		
	5 months ago:		
	6 months ago:		

The following must be confirmed before submitting the form, otherwise the request will not be processed	
I confirm that the patient is offered a fortified diet, extra snacks between meals, and homemade booster drinks twice each day	Yes/No
I confirm that this has been in place for at least one month	Yes/No
I confirm that this has not resulted in any improvement to their weight or oral intake	Yes/No

Reason(s) for requesting prescription for oral nutritional supplements	
Weight loss of 10% or more within six months	Yes/No
BMI is 18.5kg/m ² or less	Yes/No
Completed food charts show that the patient has a poor appetite/poor oral intake	Yes/No

Has this request been discussed with the patient/POA If not please give the reason:	Yes/No
---	--------

Does the patient have any flavour preference? (please circle all relevant)				
Strawberry	Banana	Vanilla	Chocolate	No preference

Further information (please provide any relevant additional information for the request)

Details of Staff member completing prescription request form on behalf of care home			
Signed:		Position/job role	
Print name:		Date	

GP Practice: Please ensure this form is scanned on to SystmOne and current weights & MUST scores are recorded