

Nausea and vomiting in pregnancy (NVP)/Hyperemesis Gravidarum (HG): a survey of UK practice

Hospital name: MKUH

Trust: MKUH

Maternal medicine network (if known): Thames Valley MM Network

Details of hyperemesis service		Response
Are your patients routinely offered screening for NVP/HG at their booking visit?	Yes	YES
	No	
Do you offer community care for women with NVP/HG? (e.g. in a community day centre or at home)	Yes – in a community day centre	
	Yes – at home	
	Previously, in a community day centre - before COVID-19 (but not now)	
	Previously, at home – before COVID-19 (but not now)	
Do you offer ambulatory management for women with NVP/HG?	No	NO
	Yes*	
	Yes, before COVID-19 (but not now)	
*If Yes, where?	No	NO
	Early pregnancy unit	
	Emergency department	
	Acute medical unit	
	Gynaecology ward	
	Obstetric Unit	
If admitted to hospital in which locations are NVP/HG managed?	Other (please specify)	
	Gynaecology ward throughout entire gestation	
	Obstetric ward throughout entire gestation	
	Medical ward throughout entire gestation	
	Under the care of obstetric medicine team	
Different setting depending on gestation (please specify e.g. gynaecology ward <18 weeks, obstetric ward >18 weeks gestation)	All of the above are used – gynae, then as medical ward as outliers. Then obstetric post 18 weeks	
Which of the following criteria do you use for admission for inpatient	Continued nausea and vomiting, inability to keep down oral antiemetics	Y
	Continued nausea and vomiting associated with weight loss despite oral antiemetics	Y

management? Select all that apply.	Ketonuria	Y
	Confirmed/suspected comorbidity (e.g. urinary tract infection)	
	Other, please specify:	Evidence of significant dehydration

Assessment and management						
Which drugs/therapies are routinely recommended by your service?						
Please enter X in column:						
Therapy	As 1 st line medication	As 2 nd line medication	As 3 rd line medication	Only after 1 st trimester	For a maximum of 5 days	As required (PRN)
Ginger						
Acustimulations						
Hypnosis						
Ondansetron		X				
Cyclizine	X	X				
Domperidone						
Prochlorperazine	X	X				
Promethazine						
Chlorpromazine						
Metoclopramide	X	X				
Thiamine	X as pabrinex					
Pyridoxine	X As pabrinex					
Corticosteroids			If combinations not worked			
Diazepam						
Proton pump inhibitor	X					

Do you require patients to sign a risk form when prescribed any of the above?	Yes (please specify)	
	No	NO
Which IV rehydration do you routinely offer? Please select all:	0.9% Normal saline	YES with K+
	Hartmann's solution	YES
	Dextrose	
Do you offer enteral or parenteral nutrition for patients resistant to treatment?	Yes	
	No	NO
Are patients routinely offered a mental health screen?	Yes	
	No	NO – but would have as part of the normal antenatal care pathway

Pre-pregnancy counselling		Response
Does your unit offer pre-pregnancy counselling for women with a history of severe NVP/HG?	Yes	YES – however would need GP to refer in
	No	
Do you have any further comments regarding management of NVP/HG patients in your trust?		
<p>Combination of anti-emetics are used, depending whether they have tried any in community given by GP.</p> <p>Admission takes into account the concerns of the patient, not just clinical decision.</p> <p>We have an SOP for ambulatory management which we intended to start however have not been able to designate nursing staff to be able to help run this</p> <p>All patients with HG get a VTE assessment and would have LMWH on admission.</p>		