

Request under Freedom of Information Act 2000

Thank you for your request for information which we received on Tuesday 02.04.2024. I am pleased to confirm the following.

1. Do you have a specialist service for long Covid patients within your trust? Please name the clinic/service

2. How many patients in your local NHS area have been referred to the clinic/service to date? Please break down by year to date i.e. 12 months to this date in 2024 and then each of the previous 12 months back to the start of the service

3. Is the service physician-led?

4. Please provide figures for how many patients referred to the clinic/service received the following type of treatment in-house:

1. physical rehabilitation – please give details

2. Graded exercise therapy

3. CBT or other psychological intervention – please state whether this is to cope with symptoms or with a view to improving/treating them

4. Advice on pacing

5. A brain retraining or Neuro Linguistic Programming-based course such as the Lightning Process, Gupta Programme or Nuffield programme (please specify which)

6. drug treatment

7. other, please specify

8. Does the service have the ability to prescribe medications to long Covid patients for symptoms where appropriate?

9. If so, please list the 3 most common drugs prescribed for long Covid patients by the clinic, with numbers of prescriptions if possible

10. Does the service have the ability to order diagnostic tests and scans?

11. If so, please list the 3 most commonly ordered tests/scans/diagnostic questionnaires for long Covid patients by the clinic

12. If not provided in-house, which of the following types of services does the clinic/service refer patients onto or recommend?

1. physical rehabilitation – please give details

2. Graded exercise therapy

CBT or other psychological intervention – please state whether this is to cope with symptoms or with a view to improving/treating them.

Advice on pacing

A brain retraining or Neuro Linguistic Programming-based course such as the Lightning Process, Gupta Programme or Nuffield programme (please specify which) drug treatment.

other, please specify.

13. How many staff do you have working in the service FTE (full time equivalent) broken down by job title of:

a) doctor

b) nurse

c) physiotherapist

d) occupational therapist

e) clinical psychologist/ CBT practitioner / psychotherapist/counsellor

f) other, please specify

14. For any doctors employed, please specify their specialism e.g. GP, cardiologist, neurologist, psychiatrist

15. Is the clinic expected to continue running after 2025?

We do not have a specialist long Covid service at MKUH.

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If you need any further assistance, please do not hesitate to contact us at the address above.

Yours sincerely

Freedom of Information Co-ordinator
For and on behalf of Milton Keynes Hospital NHS Foundation Trust

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