

**Request under Freedom of Information Act 2000**

Thank you for your request for information which we received on Friday 10<sup>th</sup> November 2023, I am pleased to confirm the following.

 **Do you have a Staff Health and Wellbeing Lead in your organisation?**

Yes, Head of Occupational Health & Wellbeing, and NED Wellbeing Guardian

 **Do you have a Staff Wellbeing Team and what is the structure?**

Yes, Head of Occupational Health & Wellbeing leads several services:

- Occupational Health
- Staff MSK Physiotherapist
- Manual Handling & Ergonomics Advisor - currently recruiting to post.
- Psychological Wellbeing delivered by an external provider Vivup: Employee Assistance Programme, Wellbeing portal, CBT self-help resources, podcasts and sessions, counselling, and therapy (telephone 24/7 and x2 days a week on site) - a new Wellbeing Co-ordinator post will be recruited to in the next few weeks.

 **Where does staff health and wellbeing sit within your organisation?**

Occupational Health & Wellbeing which sits under Education and Organisational Development.

 **Do you have a Mental Health First Aid programme?**

Yes

 **How many Mental Health First Aiders do you have?**

71

 **How many Health and Wellbeing Champions do you have?**

16

 **Has staff health and wellbeing had financial investment since 2021?**

Yes

 **Does your organisation offer staff training? If so, what training do you offer?**

Yes

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If you are unhappy with the information received in response to this request, please address your complaint to the Patient Affairs Office at Milton Keynes Hospital NHS Foundation Trust, Standing Way, Eaglestone, Milton Keynes MK6 5LD. If, after exhausting our internal process, you are still unhappy with the information received, you may write to the Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire SK9 5AF.

If you need any further assistance, please do not hesitate to contact us at the address above.

Yours sincerely,

Freedom of Information Co-ordinator  
For and on behalf of Milton Keynes Hospital NHS Foundation Trust

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