



Standing Way Eaglestone Milton Keynes MK6 5LD 01908 660033 www.mkuh.nhs.uk

Friday 7 February 2025

## Request under Freedom of Information Act 2000

Thank you for your request for information which we received on Friday 24 January 2025. I am pleased to confirm the following.

## Freedom of Information - Claudication Services

### **Services**

Q1. Does your Trust currently provide a vascular service for the diagnosis and treatment of vascular diseases, specifically including vascular surgery and interventional vascular radiology?

Yes

Q2. If vascular services are available, is your organisation designated as a specialist vascular care centre or a hub centre within the network of care providers? (please select all that apply)

**Specialist services**: providing diagnostics and expert advice in an outpatient setting and providing elective and 24/7 emergency vascular services.

**Hub centre**: providing diagnostics and expert advice in an outpatient setting.

Other (Please specify) We are a spoke unit in the Bedford/Milton Keynes Vascular Unit, providing Vascular outpatients, diagnostics, some interventional radiology, but no arterial surgery on site.

### 3. Claudication clinics

Intermittent claudication: Intermittent claudication is the most common clinical symptom associated with peripheral arterial disease — walking (exercise) induced pain in the lower limbs caused by diminished circulation that is relieved by rest. In your organisation, are there specific claudication clinics for patients with intermittent claudication?

No – If no please skip to question Q10

#### **Exercise**





Q10. Are patients with intermittent claudication who attend your Trust offered a supported exercise programme specifically designed for claudication? Please select all that apply.

Verbal advice only

Q11. What is the format of the exercise programme for patients with claudication? Please select all that apply.

Home/Unsupervised

Q12. If a structured programme exists, where is this programme provided?

Other (Please specify) N/A (Q12-16)

# **Smoking**

Q17. In your organisation, where do you offer a smoking cessation service to patients with intermittent claudication?

Other (Please specify) Provided via Vascular Nurse Specialists in Bedford

#### **Dietetics**

Q18. In your organisation, where do you offer a dietetics service to patients with intermittent claudication?

Other (Please specify) None

## **Psychology**

Q19. Does your organisation offer a psychology service specific for patients with intermittent claudication?

No - If no please skip to question Q21

## Referral

Q21 What are the available pathways or methods by which patients with intermittent claudication are referred to the vascular service in your organisation? Please select all that apply:

Electronic computerised system (e.g. patient record system)

Q22. Is there a standard proforma for referral to vascular?





No

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If you need any further assistance, please do not hesitate to contact us at the address above.

Yours sincerely

Information Governance Administrator For and on behalf of Milton Keynes Hospital NHS Foundation Trust

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