the lullaby trust
safer sleep for babies – support for families
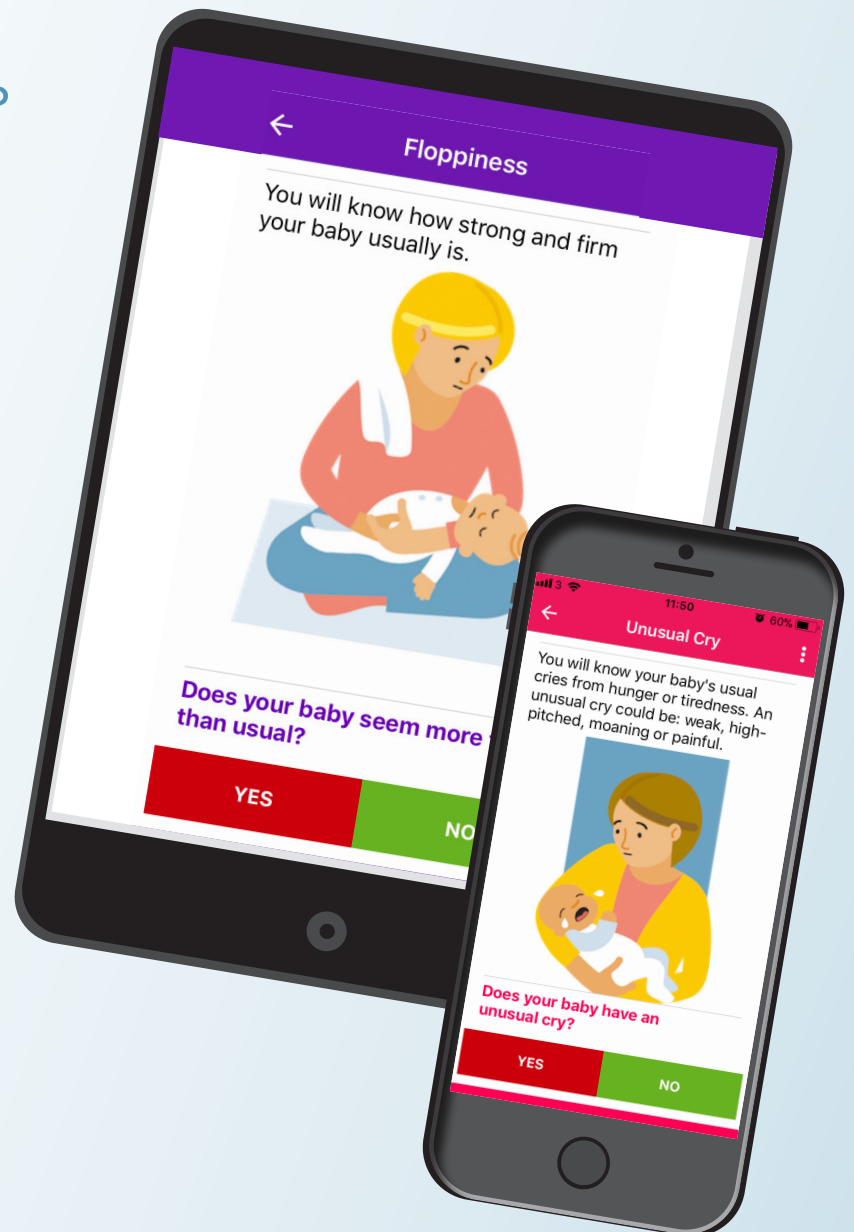
NHS
Milton Keynes University Hospital
NHS Foundation Trust

Baby Check

- Is your baby very unwell?

- Does your baby need to see a doctor?

- **The FREE Baby Check App will help you decide**

Floppiness

You will know how strong and firm your baby usually is.

Does your baby seem more ___ than usual?

YES   NO

Unusual Cry

You will know your baby's usual cries from hunger or tiredness. An unusual cry could be: weak, high-pitched, moaning or painful.

Does your baby have an unusual cry?

YES   NO

Download Baby Check App for free on Google Play and in the App Store.

ANDROID APP ON
Google play

Download on the
App Store